

Clissold SC timetable—July 2010

Monday			
Masters & Masters Lite	7-8.15am	Clissold LC	Main
Mini Polo	5.30-6.30pm	Clissold LC	Training
Foundation 1, Foundation 2, Advanced 1	6.30-7.30pm	Clissold LC	Training
Advanced 2, Pre Comp, Junior Comp	6-7pm	Clissold LC	Main
Senior Comp, Junior & Senior Dev & Co	7-8.30pm	Clissold LC	Main
Tuesday			
All Senior's & Junior's	6.30-8pm	Clissold LC	Main
Masters & Masters Lite	8-9.30pm	Clissold LC	Main
Wednesday			
Foundation 1 & 2	5.30-6.15pm	Kings Hall	
Advanced 1 & 2	6.15-7pm	Kings Hall	
Pre Comp & Junior Comp, Dev & Co	5.30-7pm	Kings Hall	
Thursday			
Masters & Masters Lite	6.45-8.30am	Clissold LC	Main
All Seniors	6.30-8pm		
Masters & Masters Lite	8-9.30pm	London Fields Lido	
Friday			
Foundation 1, Advanced 1, Pre Comp	5.30-6.30pm	Clissold LC	Main
Foundation 2, Advanced 2, Junior Comp, Dev & Co	6.30-7.30pm		
All Senior's	6-7.30pm	Clissold LC	Training
Mini Polo	7.30-8pm	Clissold LC	Training
Technical components, diving, turns etc..	7.30-8pm	Clissold LC	Main
Saturday			
Masters & Masters Lite	7.30-9am	Clissold LC	Main
Sunday			
Diving groups	10.45-11.45am	London Fields Lido	
Foundation 1 & 2	5-5.45pm		
Advanced 1 & 2	5.45-6.30pm	Park Road	
Pre Comp, Juniors and Seniors	5-6.30pm	Ironmonger Row	
Parents*	5-6.30pm	Ironmonger Row	
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Note: Parents can swim on Sundays at Ironmonger Row subject to enough space being available. Junior club members have priority over parent. Parents who are registered Masters/Masters Lite members and who pay by monthly club fees by standing order can swim free of charge at these sessions.

All other parents, including occasional Masters/Masters Lite members, will be charged £3

As London Fields Lido has no flood lighting and has been fitted with insufficient lighting in the tank opening and closing times are subject to the vagaries of the British weather over which Clissold SC has no control. For confirmation of scheduled times contact masters@clissoldswimmingclub.org.uk

For Diving enquiries contact diving@clissoldswimmingclub.org.uk

For Waterpolo and mini polo enquiries contact information@clissoldswimmingclub.org.uk